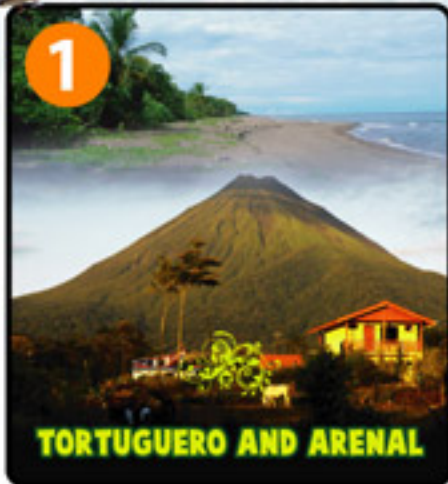


COSTA RICA

Easy to travel as **1,2,3.**



Tailor made tour
See Costa Rica through the eyes
of the Costa Ricans.





ABOUT COSTA RICA:

Costa Rica is characterized by its impressive scenic beauty, its diversity and consolidated system of National Parks and protected areas. Often considered as the "land of eternal spring" by its inhabitants, Costa Rica's mild climate is the envy of many a visitor from temperate regions. Its traditional social stability and high levels of education bring about a long lasting peaceful atmosphere. Conveniently located on the Central American isthmus, the country is bordered to the north with Nicaragua and to the south with Panama. Over 300Km of coastline are put together with the Caribbean and the Pacific.

Traveling from coast to coast is surely an entertaining journey due to the marvelous landscapes of this neotropical region. Given the topography of the area, Costa Rica can boast a wide range of microclimates and these in turn give way to great diversity in flora and fauna. Rugged highlands are found throughout most of the country, ranging from approximately 1,000 to 2,000 meters above sea level. Several active volcanoes talk about the young geological formations of this nation.

Visitors continually express, among the highlights of their trip, the friendliness and hospitality of the "Ticos". Costa Ricans are in great amount considered happy people and based on the World Health Organization, a low infant mortality rate partners with a high life expectancy rate.

Come visit Costa Rica and see for yourself why Costa Rica is the premier destination for nature lovers around the world. A wide range of climates and habitats await for you to shoe the broad diversity of plants and wildlife:



Beaches: Warm water, white sand, lazy palms, a hammock and the nice breeze, all of these are just calling out for your vacation. Guanacaste, Flamingo, Samara beach, Manuel Antonio, Dominical, Osa Peninsula, on the Caribbean: Cocles and Manzanillo.

Volcanoes: Numerous volcanic structures are responsible of the geologic formation of the country and the beautiful

topography. Among the active volcanoes: Irazu, Poas, Rincon de la Vieja and Arenal offer great sightings.

Cloud Forests: These are located in the higher elevations offering a escape from the warmer climates of the low flatlands. A foggy mystical environment with dense forest coverage brings about the marvelous shapes of mosses, vines and bromeliads. San Gerardo de Dota, Poas and Vara Blanca area, Monteverde,

Tropical wet forests: The true jungle... the rainforests, the hot and humid environments with the most biodiverse habitats in the tropics. Located in the north Caribbean, the northern lowlands and the south Pacific, Tortuguero, La Selva, Osa Peninsula.

Dry forests: Mostly located in the Northern Pacific of the country, in Guanacaste province. A hot and dry environment, which during the dry season, offers an impressive contrast with the lushness of the wet forest. The dry forests are an unexpected surprise with beautiful and colorful blooms.

MAKE YOUR COMBINATION TO YOUR TRIP IN THE TROPICS:

We present Costa Rica to travel as easy as 1, 2, 3. The following small packages combine to your wish to set up a nice vacation in Costa Rica, Nicaragua and Panama at any length of time. Within your combination we add airport arrival and departure transfers and the transportation in between locations tailoring a package just for you. Make your desired combination, add more days at the beach or any destination, this is Costa Rica easy travel in one, two, three.

CHOICE: means you'll have the adventure of your dreams. It is your vacation and how you spend it is ultimately up to you. We have built flexibility into every trip. You can shape your own adventure by putting together the pieces for us to smoothen up a wonderfully tailor made tour in one, two, three.

TORTUGUERO AND ARENAL (JUNGLE AND VOLCANO) 5DAYS / 4 NIGHTS: ET01TA



A wonderful combination of lushness, wildlife and an active volcano, with this package you will be immersed in the lowland tropical wet forest invited to experience the rich nature of the Tortuguero canals and Arenal Volcano. Land transport towards the Caribbean to take a boat to reach the heart of this amazonic environment. You will be awakened by the call of the birds and howler monkeys. Guided boat rides and hikes in the national park are included. For this be prepared with your binoculars and camera. Your adventure continues with two nights in front of Arenal Volcano area. A guided hike into Arenal Volcano National Park will allow you to learn from the geologic origin of the country and its constant activity. Top it all here with the soothing hot springs of the area.

Day 1. (B, L, D) Early pick up today to the north Caribbean area of Tortuguero. As you leave the city of San Jose the lush landscapes of forested land appear. You will pass the coffee plantations going over the Central Volcanic chain and then to the lowlands. Breakfast is enroute. Learn about the growth and packing of bananas as you travel through the plantations. Continue by boat since there are no roads to get to Tortuguero. This afternoon your guide will be taking you to explore the town of Tortuguero and the lush surroundings of your lodge.

Day 2. (B, L, D) A boat ride with your guide will point out at the beauties and the intricate relationships in the tropical lowland rainforest. A true "amazonic" environment that will be revealed to you. Many chances to see wildlife: egrets, herons, parrots, kingfishers, sloths, howler monkeys, caymans, water turtles... There will be plenty free time to rest and enjoy the pool area at the hotel.

Day 3. (B, L) Leave Tortuguero by boat to continue to Arenal Volcano area. It is possible to include a white water rafting ride along the way. Overnight in front of Arenal Volcano.

Day 4. (B, D) Today explore Arenal Volcano national park with your guide learning about the geologic formations of the country. Later in the day enjoy the soothing hot springs with dinner.

Day 5. (B) Continue to your next destination.

INCLUDES:

Transport:

- land transport as indicated in itinerary
- boat ride to/from Tortuguero

Lodging:

- 2n in Tortuguero
- 2n in Arenal

Meals: as indicated in itinerary B, Breakfast; L, lunch; D, dinner

Activities included:

- guided boat ride in Tortuguero
- guided hike in Tortuguero
- guided hike in Arenal Volcano national park
- entrance to hot springs with dinner in Arenal
- services of naturalist guides.

Taxes and fees for included services.

Why use our services?

We work and live here in Costa Rica. Give that planning headache to us and we will turn it into a perfect once in a lifetime experience!!



A family trip: is about experiencing fascinating, cultures, **exploring the great outdoors and spending quality time together.** Costa Rica is the perfect destination to please kids, teenagers and adults in the same vacation. And, we make it easy by taking care of all the details, allowing you to focus on what a family vacation is for: **wholesome fun, discovery and time together.**

Whether for your family only or as a family reunion including the extended family members, Costa Rica offers the beautiful setting for an unforgettable gathering. **Travel in Paradise** customizes wonderful family vacations, and we can even provide you with the resources needed should you require additional childcare support.



ABOUT TRAVEL IN PARADISE GROUP TOURS:

Our mission: is to provide carefully planned itineraries tailored to the needs, comfort and safety of our travelers. We bring about ecologically responsible travel programs and strive to provide the authentic Costa Rican experience. We are committed to the character of nature and cultural heritage in the tropics.

Our vision: We aspire to provide the best travel programs in Central America, contributing substantially to both: meaningful vacations and the sustainable development of local communities.

Our motto: See Costa Rica through the eyes of the Costa Ricans.

History: After years of working in the tourism industry with various and different tourist service providers, our team members founded Travel in Paradise CR on April of 2004. We are Costa Rican professionals sharing love and respect to our country. Over these years, we've learned one very important lesson. What turns a good trip into a great trip is stumbling upon someone who really knows the place you are visiting, someone who knows the people, the goings in town, and how to get things done. Nothing is possible without knowledge and for a true traveler, local knowledge is very valuable.

Our commitment: Our staff carefully plans every aspect of your trip. We welcome and farewell you at the airport. We are right by your side when you travel to make sure your trip runs smoothly. Here at Travel in Paradise CR, we strive to provide just that sort of life-changing travel experience. We are dedicated to providing meaningful vacations filled with the right ingredient you ask for: adrenaline, adventure, romance, wellness and relaxation. Our guided trips are intended to be a learning experience for our travelers.

REFERENCES:

Proud members of the ICT, Costa Rican Tourist Bureau

Our partners:

In Minnesota: Schilling Travel, International Spanish Language Academy

in Chicago: North Park University

in Tanzania: Easy Travel & Tours Ltd.

Or if you prefer call us:

TOLL FREE FROM U.S.A and CANADA 1.800.901.0114

Monday to Saturday hours: 8am to 8pm CT

Sundays: 10am to 8pm CT

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For customer service: sales@travelinparadisecr.com

Mailing address in Costa Rica:

Travel in Paradise Group Tours

Apdo 1289-1011 Y-Griega, San Jose, Costa Rica

Note: mailing time varies from 5 to 12 days.

FAQs:

Q- Are visa and passport requirements to travel to Costa Rica?

Travelers require a valid passport to enter to Costa Rica for at least six months from their arrival day. No visa is necessary for travelers from the U.S., Canada and Western Europe. Visas are needed by certain nationalities so check ahead before traveling at Costa Rican Consulates.

Q- Can I drink the water?

Yes. The public water system provides pure, suitable and good quality water to 98 percent of the country. Water supplies are filtered and chlorinated, and the quality is controlled by the State. Available is also bottled water which you can find in every hotel, restaurant and supermarket.

Q- Are immunizations required?

Costa Rica is one of the safest destinations in the developing world, from a general health point of view. This is largely due to high health standards in our country.

There are no required immunizations for entering Costa Rica. However, it is always wise to keep up your basic shots such as tetanus and diphtheria. Risk of contracting malaria is minimal, but for itineraries that include the Caribbean lowlands, travelers might wish to take the extra precaution of a prophylactic medicine. Decisions about immunizations and anti-malarial medications should be made on a personal basis after consultation with your doctor.

Q- What taxes would I have to pay?

For the included features of your itinerary taxes have already been charged. For meals on your own the bill will come with a 13% sales tax and a 10% service tax. (Extra tipping is at your discretion.) There is a US\$26 tax upon departure that must be paid at the airport. Tips are not included in tours or transfers, and the amount depends on the service that you received. Tipping is expected.

Q- Is Costa Rica safe?

San José has increased its population very fast in the past years. Therefore you shall want to take the safety precautions you would in any populous place. Avoid tempting friends of theft. Here are a few tips for avoiding petty theft:

1. Make a photocopy of your passport and leave the original, your airline ticket and the bulk of your money in your hotel safe.
2. Change money in your hotel and ask for part of it in small bills.
3. Carry backpacks on your front.
4. Never change money in the street or flash big wads of bills.
5. Don't wear anything other than costume jewelry. Men, get a cheap watch for the trip.
6. If you are going out at night, take a taxi.
7. Don't leave money or valuables lying around your hotel room. Use the safe or check them in at the reception desk.

Q- What about electricity?

Electric outlets are for 110v nationwide. 97% of the country has electricity and we are proud to state that 92% of our energy comes from natural resources such as hydroelectric energy, geothermal, windmills and solar. A few very remote lodges will be provided by a generator that will be working only in specific hours.

Recommended Travel Gear

To help make your vacation as convenient and pleasant as possible, we will be sending you a list of suggested travel gear for each of the trips you book with us. Review the list and pack accordingly. Here, we suggest certain very useful tips:

- Three of the most important things to bring to Paradise are a pair of good binoculars, sunscreen and insect repellent.
- An ample supply of your favorite toiletries and health remedies are recommended for your personal comfort. Once on the road, you don't want to waste any of your valuable vacation time shopping for such items should you require them.
- Casual clothing: shirts (cotton or light synthetic, long- and short-sleeved), trousers (cotton or light synthetic pants) Jeans are not recommended (too slow to dry). Hiking shorts. Footwear should be waterproof (light weight hiking shoes, river sandals), tennis shoes or running shoes. If you do not bring hiking boots we recommend you bring TWO pairs of tennis shoes, specially in the rainy season May – Nov.



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CONTACT INFORMATION

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